



News Release

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Media Day: Wednesday, April 10, 2013 from 2:30-3:30 pm
Whitford Middle School (Gymnasium), 7935 SW Scholls Ferry Road, Beaverton

PARTNERING FOR A SAFER COMMUNITY

TVF&R and Beaverton Schools Health Careers Program Partner to Teach Hands-Only CPR

In a unique partnership between [Tualatin Valley Fire & Rescue](#) (TVF&R) and several high school students from the [Beaverton Health Careers Program](#), nearly 200 eighth grade students at Whitford Middle School will be trained next week in Hands-Only CPR. Using portable mannequins donated by TVF&R, each of those 200+ eighth graders will commit to teaching five friends and family members in this life-saving skill. Learning Hands-Only CPR helps kids become aware of the needs of others, provides them with pride in teaching others, and empowers them to help save a life.

Paula Jacobs with the Beaverton Health Careers Program states, *“I am so excited that our Health Career students have been given this opportunity – it’s a win for them, the Whitford students, TVF&R, and most importantly our community.”*

Tualatin Valley Fire & Rescue responds to more than 1,000 cardiac related calls every year. Over the past several years survival rates for cardiac arrest in TVF&R’s service area have ranged between 11 and 22 percent, surpassing the national average.

Knowing how to perform Hands-Only CPR is just the first step. TVF&R recently became the first fire department in Oregon to utilize a mobile app called PulsePoint that will notify subscribers of a cardiac arrest in a public place within 1/4 mile radius of the subscriber. TVF&R EMS Chief Mark Stevens states, *“Sudden cardiac arrest can strike anyone, anywhere, anytime. If CPR is provided right away, it doubles or triples the survival rate – a cardiac victim’s survival depends on the people around them.”* For more information on PulsePoint, check out this informative video ([PulsePoint Video](#)).

More information on Hands-Only CPR can be found at www.tvfr.com.

Tualatin Valley Fire & Rescue provides fire protection and emergency medical services to approximately 440,000 citizens in one of the fastest growing regions in Oregon. Our 210 square mile service area includes nine cities and unincorporated portions of Clackamas, Multnomah, and Washington County. Citizens served by TVF&R benefit from the services of a large metropolitan fire department, while paying one of the lowest fire-protection tax rates in the region.

Beaverton School District is nationally recognized for its high student and staff achievement and innovative programs. Beaverton is the third largest school district in Oregon with 51 schools, nearly 40,000 students and 4,300 talented staff. Beaverton schools are dedicated to providing outstanding, challenging educational opportunities that prepare students to be college and career ready. The district enjoys strong community support with parents, citizens, community partners and businesses donating countless volunteer hours and services to help students succeed.