



News Release

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FIREFIGHTERS TO COMPETE AGAINST PUBLIC IN PROS VS. JOES COMPETITION AT BIG AL'S BEAVERTON THIS WEEKEND

Always wanted to compete against a firefighter? Interested in helping firefighters raise funds for cancer research and treatment? Now is your chance. This Saturday, February 16th, from 10am-3pm, TVF&R firefighters and Big Al's Beaverton (14950 SW Barrows Road) are sponsoring a PROS vs. JOES Stairclimb Event. For a \$5 donation, a 'Regular JOE' (public) will have the opportunity to race a 'PRO' (firefighter) on a stairmill for five minutes. Firefighters will be in full turnouts, boots, and air pack; JOEs will wear a weighted vest to simulate the turnouts and air pack.

The PROS vs. JOES Stairclimb Event is a fundraiser for the upcoming March 10th Scott Firefighter Stairclimb at the 788' tall Columbia Center in Seattle, WA. The event requires participants in full turnouts, boots, and air packs to race up 69 grueling flights of stairs (1,311 steps) to reach the observation deck and finish line overlooking the city. TVF&R's team of 47 firefighters--one of the largest in the event--will join approximately 1,500 firefighters from over 200 departments throughout the United States. The event is a fundraiser for the Leukemia & Lymphoma Society. Watch our YouTube video at: <http://www.youtube.com/watch?v=dMD3NZMyQ-8&feature=share&list=UUcUI09TKwqG4Lme5hTc8gwQ>

Last year the TVF&R/Local 1660 team had three individuals place in the Top 10 of their age division and was one of the top fundraisers with \$35,000 contributed. TVF&R Captain and long-time team organizer Battalion Chief Al Kennedy states, "This worthwhile event is a tremendous commitment for the participants. Our team members spend months training off-duty." This year marks the 14th year that TVF&R has participated. In that time, the team has raised over \$185,000. This year the team hopes to add another \$20,000 through individual and family donations.

Individuals wishing to contribute to TVF&R's team can also visit TVF&R's website at www.tvfr.com to make a donation on-line. Checks (payable to the Leukemia & Lymphoma Society) may also be mailed to Tualatin Valley Fire & Rescue at 11945 SW 70th, Tigard, Oregon 97223.

“PROS vs JOES”
This Saturday at Big Al's!
10am-3pm

A black and white photograph of a firefighter in full turnout gear and an oxygen tank climbing a set of stairs. The firefighter is wearing a helmet with "E4" on it and has "BIG AL'S" written on their back. The stairs are made of metal railings.

Do you have what it takes to beat a professional firefighter?

Give it your best shot by climbing against firefighters from Tualatin Valley Fire and Rescue while fighting blood cancers.

\$5 DONATION Receive a free game of bowling just for trying!

Local 1660

BIG AL'S

LEUKEMIA & LYMPHOMA SOCIETY® Fighting blood cancers

Tualatin Valley Fire & Rescue