



NEWS RELEASE

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Firefighters Save Man's Life After Cardiac Arrest Near Fire Station

Firefighters from TVF&R's Cooper Mountain Station 69 didn't have to go far to save a life today. A woman drove to the station's front door today and called for help after her husband had gone into cardiac arrest moments before.

"I was eating my lunch in the kitchen when I heard someone honking outside," says TVF&R Lieutenant and paramedic Brian Johnson, "we went to the front door and the woman told us her husband had just had a heart attack."

The crew from Station 69 rushed outside and found the man unconscious in the car. They quickly removed him from the vehicle, began CPR and used their defibrillator to shock the man's heart. Within minutes man's heart was beating again and he had regained consciousness. He was transported by ambulance to a local hospital.

The man's wife told firefighters she was driving him to a doctor's appointment when he said he didn't feel well and lost consciousness. The couple was just two blocks from the fire station when the woman made a u-turn and drove to Station 69.

"Time is critical when a person enters cardiac arrest," says TVF&R paramedic Brian Johnson, "this man is very lucky that he was so close to help when this happened. We're glad that we were able to help him."

"It's a great feeling when a patient who has been in cardiac arrest opens his eyes and looks at you," adds Lt. Bob Mueller, "we wish him the best."

TVF&R urges the public to learn CPR and understand the signs and symptoms of heart attack and cardiac arrest.

