



NEWS RELEASE

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(TVF&R and Beaverton City Council Recognize Two Citizen Lifesavers)

On February 23, a student at Beaverton's Krav Maga (Krov Muh gah) self-defense studio found himself being part of an unfortunate and frightening statistic. Every 25 seconds, someone in America experiences a cardiac emergency, but thanks to the quick actions of Shelly Kine and Sevrin Harvey, their classmate was able to survive and recover completely from a heart attack.

Firefighter Paramedics from Engine and Medic 61 in north Beaverton responded to the call for help on February 23rd. Upon arrival, they found Shelly and Sevrin administering hands-only CPR. Because Shelly and Sevrin kept their classmate's blood pumping, and because of the quick 9-1-1 activation, responders were delivering electric shocks to restart the man's heart within minutes. By the time responders were loading the man into an ambulance, he was alert and speaking.

TVF&R's Board President Bob Wyffels, Fire Chief Mike Duyck and Beaverton Mayor Denny Doyle presented awards and gifts to Sevrin and Shelly. President Wyffels stated, "You demonstrated diligence, level-headed thinking and valiant rescue efforts until emergency responders arrived."

During the gathering, both Sevrin and Shelly acknowledged how the training and philosophy of [Krav Maga](#) has equipped them to handle emergencies and stress.

-See photo on next page-



From left: Beaverton Mayor Denny Doyle, TVFR Board President Bob Wyffels, Shelly Kine, Sevrin Harvey and Fire Chief Mike Duyck.

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