



NEWS RELEASE

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(District Responds to Sledding Incidents)

Tualatin Valley Fire & Rescue is now seeing a multitude of incidents involving sledding accidents involving children home from school and individuals falling due to slick pavement. At 11:00 am, the crew from Station 67 (downtown Beaverton) was dispatched to a trauma call involving a 14 year-old male who hit his head against a tree while sledding on the grounds of the Church of Latter-day Saints at 162nd and Sexton Mountain Drive. The teenager was transported to a local hospital with a serious, but non-life threatening head injury.

TVF&R advises the following safety tips when sledding:

- Wear a helmet when sledding to help avoid a head injury
- Never sled behind a moving vehicle; if the vehicle stops suddenly, the sled has the potential to slide into the vehicle injuring riders;
- Conduct sledding activities on school grounds, and in parks and other off-road locations. Use extreme caution when playing in cul-de-sacs and side streets - keep an eye out for cars and ATV vehicles.

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