Tualatin Valley Fire & Rescue
Occupational Health Services
12400 SW Tonquin Rd.
Sherwood, OR 97140

ATTACHMENT 2 - Medication Disclosure Form – 8.5.3A

Prescription Medication Disclosure Statement

Name of Patient: Date:

The National Fire Protection Association guidelines list medications for which fire-service personnel shall be evaluated for potential interference with essential job tasks. The medications include:

- ✓ Full dose anticoagulation
- ✓ Narcotics
- ✓ Sedatives and hypnotics
- ✓ Psychoactive agents
- ✓ Anti-hypertensive agents
- ✓ Others such as MAOI's, phenothiazines, anti-cholinergics and tricyclic antidepressants

Your patient is taking the following medications:

Medication	Dosage	Medication	Dosage

An inherent element of a fire-service job includes functioning as an integral component of a team, where sudden or subtle incapacitation of a individual can result in mission failure or increased risk of injury or death to civilians or other team members. In order for us to evaluate the individual's ability to perform the essential job tasks, given the prescription or usage of the above medications, I ask you, as the prescribing physician to review Table 1 and respond to the following;

"As the prescribing physician, I am familiar with the above individual's medical history and essential functions of their assigned duties. In my opinion, the prescribed medication:

O Will O Will not

...adversely affect the individual's ability to perform the essential functions of their position."

Signature: Date:

Please complete and fax this document to: Cascade Occupational Medicine 503-246-3942

TABLE 1: 13 Essential physical functions for /Career/Volunteer Combat Firefighters			
1	Ability to put on full firefighting PPE (See description) within a period not to exceed 60 seconds.	9	Ability to feel changes in temperature in zero-visibility conditions.
2	Enter and crawl on hands and knees through zero-visibility buildings/rooms with a fully charged hose in hand wearing full firefighting PPE and SCBA.	10	While on aerial ladder, maintain balance and a secure position while directing water through a charged hose line at fire.
3	Drag charged 2-1/2 inch hose weighing 75 lbs, 25 feet unassisted.	11	Carry 150 foot hose bundle weighing 35 lbs up 2 flights of stairs while wearing full firefighting PPE and SCBA.
4	Using heavy hand tools (axe, sledgehammer, etc), repeatedly strike solid surfaces (such as door jambs) to make forcible entry into buildings.	12	Remove a 24-foot extension ladder weighing approx. 60 lbs from the truck unassisted, position the ladder, and raise the halyard.
5	Wearing firefighting PPE and using hydraulic tools weighing in excess of 30 pounds that are prone to multi-directional torque, cut roof posts on an automobile and extricate people weighing over 150 lbs.	13	Climb an aerial ladder to a height of 50-75 feet (5-7 stories) wearing full firefighting PPE including SCBA.
6	Wearing full firefighting PPE, pull 200 feet of uncharged 5inch hose from shoulder height off a pumper and drag 50 feet to a hydrant.	Essential Environmental Conditions/Functions	
7	In zero-visibility conditions and wearing full firefighting PPE plus SCBA, crawl on hands and knees over uneven surfaces carrying forcible entry tools (Axe) for 50 feet while systematically searching for trapped person(s).	✓ Perform in slippery areas. ✓ Work on or around moving machinery or equipment. ✓ Work 24 hours shifts with little or no sleep. ✓ Perform physically demanding tasks under extreme fluctuations in temp. ✓ Avoid and protect against infectious agents.	
8	Drag a victim weighing more than 150 lbs out of a building unassisted while wearing full firefighting PPE including SCBA.		

NOTE: Full firefighting PPE includes turnout coat, pants with internal harness and suspenders, boots, gloves, nomex head protection, and helmet. SCBA is self-contained breathing apparatus, which includes a backpack, tank of compressed air, and positive-pressure mask over the entire face. Full firefighting PPE and SCBA worn together generally weighs in excess of 50 lbs (22.7 kilos)